

Riverside Meadows Intermediate School

January, 2017

Breakfast

	3	4	5	6
	HOLIDAY	HOLIDAY	HOLIDAY	HOLIDAY
	Winter Break			
	HOLIDAY	HOLIDAY	HOLIDAY	HOLIDAY
9	10	11	12	13
Whole Grain Doughnut	Breakfast Burrito	Muffin Choice	Fruit and Yogurt Parfait	Sausage and Pancake Breakfast Stick
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese
16	17	18	19	20
HOLIDAY	Bagelful	Waffle	Breakfast Pizza	French Toast
Martin Luther King Jr. Day	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
HOLIDAY	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese
23	24	25	26	27
Whole Grain Doughnut	Breakfast Burrito	Muffin Choice	Fruit and Yogurt Parfait	Sausage and Pancake Breakfast Stick
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese	Bagel and Cream Cheese
30	31			
Sausage Breakfast Sandwich	Bagelful			
Cereal and Cheese Stick	Cereal and Cheese Stick			
Bagel and Cream Cheese	Bagel and Cream Cheese			

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

Menu Subject To Change Without Notice

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January, 2017

Lunch

	3	4	5	6
	HOLIDAY	HOLIDAY	HOLIDAY	HOLIDAY
	Winter Break			
	HOLIDAY	HOLIDAY	HOLIDAY	HOLIDAY
9	10	11	12	13
Mac N Cheese and Corn Bread	Beef Crunchy Tacos	Mini Corn Dogs	Hamburger	Pepperoni Galaxy Personal Pizza
Ultra Bean and Cheese Burrito	Cheese Quesadilla	Sunflower Butter and Jelly Sandwich with Cheese Stick	Vegetarian Burger	Cheese Galaxy Personal Pizza
Roasted Broccoli	Smooth Refried Beans	Seasoned Curly Fries	Potato Wedges	Steamed Carrots
16	17	18	19	20
HOLIDAY	Nacho Pack	Chicken Strips	Mandarin Chicken and Rice	Chicken Alfredo Pasta with Garlic Bread
Martin Luther King Jr. Day	Ultra Bean and Cheese Burrito	Grilled Cheese Sandwich	Vegetarian Egg Roll with Rice and Sunflower Seeds	Alfredo Pasta with Cheesy Breadstick
HOLIDAY	Zesty Pinto Beans	Corn Cob	Roasted Broccoli	Hot Peas
23	24	25	26	27
Pretzel Bites with Cheese Dip	Chicken Soft Taco	Jumbo Corn Dog	BBQ Rib Sandwich	Primo Pepperoni Pizza Slice
Ultra Bean and Cheese Burrito	Cheese Quesadilla	Sunflower Butter and Jelly Sandwich with Cheese Stick	Vegetarian Burger	Primo Cheese Pizza Slice
Steamed Green Beans	Smooth Refried Beans	Roasted Sweet Potatoes	Roasted Corn	Steamed Carrots
30	31			
Fiesta Nada (Taco Pocket)	Chicken Taquitos			
Cheese Enchiladas	Ultra Bean and Cheese Burrito			
Black Beans	Salsa Cup			

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